

# Maynards Wharf

## **Appetizers**

**Buffalo Wings\***

**Waffle Fries\***

**Hummus & Bleu Cheese Dip**

**No Gluten if ordered without pita chips**

## **Entrees and Salads**

**Cobb & Frannies Salad**

**No Gluten if ordered with plain chicken breast**

**Grilled Salmon**

**Salmon Asparagus Salad**

**Ahi and Salmon Poke Bowls**

**No Gluten if ordered without soy marinade**

## **Burgers and Sandwiches\*\* - ordered with no bun or GF Bun \$2**

**Cheese Burger**

**Combo Burger**

**Cajun Chicken Breast Sandwich**

**Maynard's Chicken Breast Sandwich**

**No Gluten if ordered with plain chicken breast**

## **Side Choices**

**Fruit**

**Cole Slaw**

**Side Salad - No Gluten if ordered without croutons**

**Waffle Fries\***

**Potato Chips**

## **Dressings**

**Bleu Cheese, Ranch, Balsamic & Cilantro Vinaigrette**

**BBQ, Ketchup, Tartar and Seasoned Sour Cream**

**Guacamole**

**\*Items are cooked in gluten free cooking oil but with other items that contain Gluten**

**\*\*American, Swiss & Parmesan Cheese are Gluten Free**