

Maynards

EXCELSIOR, MN

GLUTEN GUIDE

GLUTEN FRIENDLY: ITEMS ARE GLUTEN FREE BUT FRIED WITH OTHER ITEMS THAT MAY CONTAIN GLUTEN, FYI WE USE SOYBEAN/VEGETABLE OIL BLEND
GLUTEN FREE: ITEMS/PRODUCTS DO NOT CONTAIN ANY GLUTEN
*PLEASE NOTE WE DO NOT GUARANTEE ANY ITEM TO BE 100% GLUTEN FREE DUE TO UNFORSEEN CROSS CONTAMINATION

APPETIZERS

BEEF NACHOS | GLUTEN FREE

FIRECRACKER SHRIMP | GLUTEN FRIENDLY

STEAK BITES | GLUTEN FREE*

*GLUTEN FREE WHEN ORDERED WITH NO ONION STRAWS -OR- SUB WHITE RICE

WINGS | GLUTEN FRIENDLY

ITALIAN WAFFLE FRIES | GLUTEN FRIENDLY

CHIPS & SALSA | GLUTEN FRIENDLY

WALLEYE STREET TACOS | GLUTEN FREE

SALADS & BOWLS

COBB SALAD | GLUTEN FREE*

*GLUTEN FREE WHEN ORDERED WITH PLAIN CHIX

AHI TUNA POKE BOWL | GLUTEN FREE*

*GLUTEN FREE WHEN ORDERED WITH NO MARINADE

SALMON COUSCOUS BOWL | GLUTEN FREE*

*GLUTEN FREE WHEN ORDERED WITH WHITE OR BROWN RICE

CHIPOTLE BOWL | GLUTEN FREE

GF DRESSINGS

RANCH

BLEU CHEESE

BALSAMIC VINAIGRETTE

LOUIE

HERB VINAIGRETTE

SALSA

SANDWICHES

CRANBERRY WILD RICE TURKEY MELT | GLUTEN FREE*

*GLUTEN FREE WHEN ORDERED

WITH A GLUTEN FREE BUN \$2

CAJUN CHICKEN SANDWICH | GLUTEN FREE*

*GLUTEN FREE WHEN ORDERED

WITH A GLUTEN FREE BUN \$2

POT ROAST FRENCH DIP | GLUTEN FREE*

*GLUTEN FREE WHEN ORDERED

WITH A GLUTEN FREE BUN \$2

MAYNARD'S CHICKEN SANDWICH | GLUTEN FREE*

*GLUTEN FREE WHEN ORDERED

WITH A GLUTEN FREE BUN \$2 & PLAIN CHIX

BLTA | GLUTEN FREE*

*GLUTEN FREE WHEN ORDERED

WITH A GLUTEN FREE BUN \$2

SIDES & DESSERTS

WAFFLE FRIES | GLUTEN FRIENDLY

CHIPS | GLUTEN FREE

BROCCOLI | GLUTEN FREE

HOUSE SALAD | GLUTEN FREE*

*GLUTEN FREE WHEN ORDERED WITH NO CROUTONS-

SALTED CARAMEL CHEESECAKE | GLUTEN FREE

BURGERS

MR. JIMMY BURGER | GLUTEN FREE*

*GLUTEN FREE WHEN ORDERED

WITH A GLUTEN FREE BUN \$2

TEXAS TILAMOOK BURGER | GLUTEN FREE*

*GLUTEN FREE WHEN ORDERED WITH NO ONION

STRAWNS AND A GLUTEN FREE BUN \$2

CALIFNORIA BURGER | GLUTEN FREE*

*GLUTEN FREE WHEN ORDERED

WITH A GLUTEN FREE BUN \$2

TURKEY BURGER | GLUTEN FREE*

*GLUTEN FREE WHEN ORDERED

WITH A GLUTEN FREE BUN \$2

SPECIALTY PLATES

CAJUN PORK CHOP | GLUTEN FREE

GRILLED ATLANTIC SALMON | GLUTEN FREE*

*GLUTEN FREE WHEN ORDERED WITH BROCCOLI

OR A SALAD WITH NO CROUTONS

MISC. GLUTEN FREE

BBQ
KETCHUP
SSC

GUACAMOLE
TARTAR
ALL CHEESE